

Karen Stafford, MHRM, SPHR
Organizational Development & Learning Consultant
Mountain States Employers Council - Arizona Regional Office

About Karen:

Karen joined the Employers Council in 2004. A graduate of the University of Hawaii, Karen holds a Master's degree in Human Resource Management and is a certified instructor in several leadership, human resources, and teambuilding training courses. Karen has also served on faculty with a local university in the areas of employment law, human resources and management studies. She also presents regularly at local, statewide and national conferences.



With over twenty five years of human resources experience, Karen has served in senior management and HR consulting positions in a variety of business settings. From non-profit agencies and small businesses to Fortune 500 corporations, Karen's expertise spans the industries of property casualty insurance, family entertainment, health care, and banking.

Karen has counseled and trained hundreds of MSEC members and other HR professionals on the topics of supervision, leadership development, human resources, workplace harassment prevention, performance management, and employment law.

She currently serves on the City of Phoenix Business and Workforce Development Board:

- Board Member
- Vice Chair – Community Outreach & Engagement Task Force
- Executive Committee Member

Professional Certifications: Senior Professional in Human Resources

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